

PROGRAMME

September 14th

08:45 - Opening Session

G. Guglielmi / A. Vieira / F. Caseiro Alves / F. Fonseca

Imaging in Sports Injuries

WHAT MODALITY TO CHOOSE?

09:00h - Motivation to victory - J. Neto
09:20h - My own experience - Carlos Sá (Ultra Marathon Runner)
09:30h - Ultrasound - C. Martinoli
09:50h - MRI - A. Yamada
10:10h - Do I really need imaging? - N. Puga
10:30h - Q & A

10:40 - 11:10 Coffee-break

The Young Athlete

THE IMMATURE SKELETON AND SPORTS

11:10h - Pelvis and hip, a common problem - P. Alves
11:30h - The knee in the juvenile athlete - I. Sudol-Szopińska
11:50h - The ankle and foot - P. Alves
12:10h - Spine - F. Kainberger
12:30h - Treatment or Follow-up? The orthopedic surgeon point of view - N. Alegrete
12:50h - Q & A

13:00 - 14:00 Lunch

The Professional Athlete

GROIN PAIN - A GROWING PROBLEM IN SPORTS

14:00h - What the orthopedic surgeon wants to know - P. Oliveira
14:20h - Imaging of athletic pubalgia - A. Vieira
14:40h - Recovery of athletic pubalgia - P. Beckert
15:00h - Rio Olympic Games - The sports imaging team experience - A. Yamada
15:15h - Q & A

15:20 - 15:50 Coffee-break

Aging and Sports

THE MATURE SKELETON AND SPORTS

15:50h - Insufficiency fractures and sports - F. Kainberger
16:10h - Muscle / Tendon Injury - C. Martinoli
16:30h - Enthesopathies: anatomy, etiopathogenesis and pathology - I. Sudol-Szopińska
16:50h - My own experience - Senior professional athlete
17:00h - Q & A

September 15th

07:00 h - Running Experience in Porto

"Legs-On" Course - Run with the champions

Overuse Injuries and Sports

THE MOST AFFECTED JOINTS

09:00h - Football lesions - What the surgeon wants to know - A. N. Sousa
09:15h - The Knee - E. Llopis
09:35h - Foot and Ankle - J. Kramer
09:55h - Upper limb sports lesions - What the surgeon wants to know - M. Gutierrez
10:10h - The Shoulder - E. Llopis
10:30h - The Hand and Wrist - L. Cerezal
10:50h - Q & A

11:00 - 11:30 Coffee-break

The weekend warrior

SPORTS, TOO MUCH OF A GOOD THING!

11:30h - Forefoot sports lesions - M. De Maeseener
11:50h - Stress Fractures - M. Padron
12:10h - Unusual Injuries - R. Sutter
12:30h - Muscle Injuries - M. Padron
12:50h - Q & A

13:00 - 14:00 Lunch

Impingement Syndromes in Sports Injuries

ANATOMIC VARIANTS AND ACQUIRED PATHOLOGY

14:00h - Pelvis - R. Sutter
14:20h - Shoulder - J. Kramer
14:40h - Knee - L. Cerezal
15:00h - Ankle - M. Shahabpour
15:20h - Q & A

15:30 - 16:00 Coffee-break

Intervention and Therapy on Sports

INDICATIONS, WHAT AND HOW TO INJECT

16:00h - Intra-articular infiltration - G. Allen
16:20h - Tendon Therapy - D. Wilson
16:40h - Viscosupplementation and Sports - G. Allen
17:00h - Q & A
17:10h - Closing Remarks - A. Vieira



ESSR Sports Subcommittee

European Society of Musculoskeletal Radiology

ESSR Diploma
CAT 2
1.8 points



COURSE INFORMATION

Registration

Early Registration (until July 31st, 2018)

| | |
|----------------|------|
| Resident | 180€ |
| Member of ESSR | 200€ |
| Regular | 250€ |

Late Registration (from August 1st, 2018)

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|----------------|------|
| Resident | 220€ |
| Member of ESSR | 250€ |
| Regular | 300€ |

Fee includes:

Course material; Coffee-break refreshments, lunches.

Who should attend

This course aims at radiologists, orthopedists, physical medicine and rehabilitation practitioners with a special interest in musculoskeletal imaging, in particular sports injuries.

Learning objectives:

- Recognize sports related injuries
- Be able to characterize these lesions
- Correctly perform and analyze clinical musculoskeletal studies
- Be able to cooperate with a multidisciplinary team in optimizing MSK related injuries appropriate care

Course Language: English

Faculty

The faculty will be composed not only by renown Radiologists, but also by Orthopedic Sports Surgeons, Rehabilitation Practitioners and Elite Athletes.

- Alberto Vieira / Porto, Portugal
- André Yamada / São Paulo, Brazil
- António Nogueira Sousa / Porto, Portugal
- Carlo Martinoli / Genoa, Italy
- Carlos Sá / Barcelos, Portugal (Ultra Marathon Runner)
- David Wilson / Oxford, United Kingdom
- Eva Llopis / Valencia, Spain
- Franz Kainberger / Vienna, Austria
- Gina Allen / Oxford, United Kingdom
- Giuseppe Guglielmi / Bari, Italy
- Iwona Sudot-Szopińska/ Warsaw, Poland
- José Neto / Porto, Portugal
- Josef Kramer / Linz, Austria
- Luis Cerezal / Santander, Spain
- Manuel Gutierrez / Porto; Portugal;
- Mario Padrón / Madrid, Spain
- Maryam Shahabpour/ Brussels, Belgium
- Michel DeMaeseneer / Brussels, Belgium
- Néelson Puga / Porto, Portugal
- Nuno Alegrete / Porto, Portugal
- Paulo Beckert / Lisboa, Portugal
- Paulo Oliveira / Porto, Portugal
- Pedro Alves / Lisboa, Portugal
- Reto Sutter / Zurich, Switzerland

Accreditation

ESSR Diploma (European Society of Musculoskeletal Radiology):
1.8 points CAT 2

Contacts

Website: www.feverofsports.com
E-mail: thefeverofsports@gmail.com

Organizers

Alberto Vieira
São João, Oporto University Hospital
Head of Radiology Department, Hospital Cuf Porto

Ana C. Vieira
Hospital do Espírito Santo, Évora
ESSR Young Club Representative 2018/2019

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Venue



Tenente Valadim 146
Porto 4100-476, Portugal



ESSR Sports Imaging Course

September 14/15th 2018

The Fever of Sports

Porto, Portugal

