Scientific Program

Biomechanics: Improving foot care through understanding

Ankle and hindfoot clinical biomechanics Midfoot clinical biomechanics ACP system & forefoot clinical biomechanics

Movement analysis - scify or an ally?

Gait and running cycle Movement analysis methods Movement analysis in dancers - landing biomechanics

Standing on solid ground

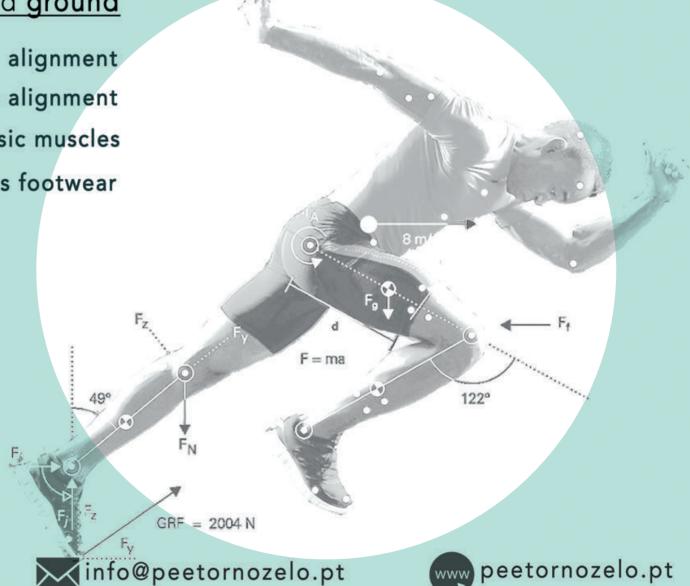
Lower limb alignment Unusual foot alignment Barefoot running and intrisic muscles Sports footwear

ESSKA table - When the muscle burts and the tendon hurts

Training methodologies & injury prevention Muscle ruptures Achilles pathology Peroneal pathology

Athlesions

Stress fractures Bone bruises and what lies underneath The Lisfranc injury Turf toe and plantar plate lesions



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