



### Scientific Program

#### Biomechanics : Improving foot care through understanding

Ankle and hindfoot clinical biomechanics  
Midfoot clinical biomechanics  
ACP system & forefoot clinical biomechanics

#### Movement analysis - scify or an ally?

Gait and running cycle  
Movement analysis methods  
Movement analysis in dancers - landing biomechanics

#### Standing on solid ground

Lower limb alignment  
Unusual foot alignment  
Barefoot running and intrinsic muscles  
Sports footwear

#### ESSKA table - When the muscle burts and the tendon hurts

Training methodologies & injury prevention  
Muscle ruptures  
Achilles pathology  
Peroneal pathology

#### Athlesions

Stress fractures  
Bone bruises and what lies underneath  
The Lisfranc injury  
Turf toe and plantar plate lesions

