



Federation of Orthopaedic and
Trauma Trainees in Europe

www.forteortho.org

May 16th, 2022

FORTE TRAVELLING FELLOWSHIP – AROUND THE KNEE

FORTE Organizing Committee and representatives

- Luís Machado
- Francisco Requicha

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Panayiotis Megaloikonomos
(Greece)

President-elect

Mathias Nagy (United
Kingdom)

Secretary-General

Freek Hollman (The
Netherlands)

Immediate Past President

Jasmin Diallo (Switzerland)

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Marko Ostojic (Bosnia and
Herzegovina)

The Federation of Orthopaedic and Trauma Trainees in Europe (FORTE), was founded during the EFORT Congress of 2005, in Lisbon (Portugal). Our common goals are the improvement of orthopedic educational standards, enabling learning opportunities and promotion of colleagues' network throughout our members in Europe.

FORTE objectives are the following:

- Teaching and training
- Exchange of ideas and communication
- Outreach to orthopaedic surgeons (trainee and consultants), links with industry
- Reference point for Orthopaedic Training matters

During these last two years FORTE has been promoting surgical visits and training through special programs developed for residents around a specific topic. For 2022 one of the topics of choice will be Knee Surgery and one of the countries chosen is Portugal.

During this period the residents will have the opportunity to visit different hospitals located in Portugal. Visiting residents will be exposed to a variety of surgical procedures and will also be actively involved in discussions on several topics regarding Knee disorders. The Knee surgeons from the participating hospitals are highly appreciated in their work and will contribute with their scientific knowledge and technical expertise. Overall, it will be a busy and interesting period, one will never forget.

Participants: Two fellows (residents or young specialists)

Date: Two weeks, from 18th September to 1st October 2022

Location: Lisbon, Oporto; Braga, Faro and Santarém.



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Funding

Accommodation, travelling in the country and meals will be fully covered. Flight plans are not covered by the grant.

Applications

Via email at info@forteortho.org, and the requirements are:

- Residents or Young specialist in Orthopaedics. Priority will be given to last year residents and young surgeons under 35.
- FORTE Membership updated
- Motivation letter (interest and experience in knee pathology)
- CV and two letters of recommendation
- Be prepared to submit a written report and evaluation form after the program

Goals of the program

- Visit different high-level centers in Portugal, public and private
- Surgical exposure to a wide variety of procedures
- Case based discussion and seminars with the experts
- Networking

Topics Covered

- ACL and ligament reconstruction
- Patellofemoral disorders
- Knee deformities and correction
- Partial replacements
- TKA
- Revision TKA
- Scientific Research
- Sports Medicine

Host Centers

Hospital Particular do Algarve, Faro

Hospital de Santo António, Oporto

Hospital da Trofa, Braga

Hospital Beatriz Ângelo, Loures

Hospital da Luz, Lisbon

Hospital CUF Descobertas, Lisbon

Hospital CUF Santarém, Santarém

Human Performance Department Sport Lisboa e Benfica, Lisbon